

From: Slow Food Shoalhaven <info@slowfoodshoalhaven.com.au>  
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▶ 1 Attachment, 65.0 KB



## HARVEST TIMES JOURNAL

Good Evening,

Happy Birthday Castle Hill Farmers and Fine Food market. On Saturday we turn eight. Over 60 stalls this Saturday with a two new stalls. Bio Dynamic Beef and Global Game Meats. If you like different meats get along and try these two great products.

Well done to the, stall holders, volunteers, Board of Management and Black Castle Events who together deliver a great Farmers and Fine Food Market.

If you love Salad Leaves check out the Darling Mills Stall, they last for two weeks in the fridge. We will be there with our Swiss Brown mushrooms direct from Sunshine Mushrooms, Freemans Reach.

If it is the second Saturday then Richmond Farmers and Fine Food Market is also on in the School of the Arts Cnr March St and West Market St. Richmond.

You can get Wine from these Markets, from Jubilee Estate Vineyard (Castle Hill and Richmond) and Tizzana Winery (Richmond). Try them you will not be disappointed.

Hawkesbury Harvest sat down with Mr. Tony Burke, Minister for Agriculture, Fisheries & Forestry and Minister for Sustainable Population and Ms Susan Templeman, ALP Candidate for Macquarie, last Sunday Morning at Enniskillen Orchard. It was a great discussion on the National Food Policy plan and many issues including access to Fresh Food, Farming in the Sydney Basin, Healthy Eating and Farmers Markets.

Mary Canning has visited Helleborous Down Under and captured Ingrid Nemetz story. Don't know what a Hellebore is, click on the link below.

Plenty of Fresh Vegies around at Mowbray Park Produce in the South, Riverview Produce at Richmond and the Hawkesbury Vegetable Farm where you can take a tour of the Vegetable Farm.

The Richmond Race club is looking for stall holders for their Wine, Food and Music Race day on the 10th October. Contact Margo Keegan Ph: 45 776854 Mob: 0438 118886

The Danks St Festival is not running this year and Hawkesbury Harvest would like to thank the City of Sydney for their support in hosting Hawkesbury Harvest at this event. Bringing Fresh local foods in the city has been a pleasure.

Picton Music and Harvest Festival is looking for stall holders.

Tune into Simon Marnie on the radio this Saturday, at 6.40 AM (ABC Radio 702) to find out what is fresh on the Farm gate Trail. David Mason will let you know and thanks Simon for all your support.

Goto the website [www.hawkesburyharvest.com.au](http://www.hawkesburyharvest.com.au) for more information.

Enjoy

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### **Mary Canning has visited Helleborus Down Under. - 5 Aug 2010 - 5 Sep 2010**

Check out this wonderful nursery. A most beautiful plant.

A place you should visit. Lovely photos.

Click on the links

[> view details](#)

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### **Hawkesbury Harvest Farmers and Fine Food Market:Castle Hill - 14 Aug 2010**

Market kicks off at 8am and finish around 12 noon.

The Hawkesbury Harvest's Farmers and Fine Food Markets is located at Castle Hill Showground. Enter via Carrington Road

Our Markets are supplied fresh from the farms of Hawkesbury Harvest and includes product from the surrounding regions. The Freshness and Quality of the food will make your mouth water. If it is grown, baked or made it will be there, if it is not just let us know and we will source it for you.

I have just listed some of the produce you will be able to sample and purchase for you and your friends. Some of the valued added product will make a great presents for those special friends.

Dried herbs & spices, Sweet & savoury biscuits, Apple struddle & Cherry pies, Fresh Smoked leg ham, caviar, Gourmet sausages plus other deli foods, Free Range eggs Gourmet Salad dressings.

This sounds so tasty, but there's more.

Fresh & smoked trout, Marinated Olives & assorted salads, Fresh Cut flowers, Indian Foods, Fresh vegetables, Organic cakes, Fresh pasta & sauces, Bush Tucker condiments, Organic sour dough bread, Pasties, Grain Fed lamb, Wine, Pestos, Apples Cherries & stone fruit, Duck sausages and fillets, Gluten free cakes

and lots more

Please remember the fresh produce is seasonal

IF it is raining we move the outside stalls inside. So do not worry please come along for your fresh food.

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### **Hawkesbury Harvest Farmers and Fine Food market Richmond - 14 Aug 2010**

This local Farmers and Fine Food Market will run monthly from February 2010.

This seasonal produce is laid out for you to enjoy. Lamb, Beef, Vegetables, Honey, Eggs, Fruit, Mushrooms, Potatoes, Cup Cakes, Native Foods, Cheeses, Coffee, Tea and much more.

Come along to the Richmond School of the Arts  
Cnr of West Market St and March St Richmond,

Kicks off at 8am.

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### **Open Studio Weekend - 28 Aug 2010 - 29 Aug 2010**

Please find attached our flyer for our next Open Studio Weekend on the weekend of Saturday 28th and Sunday the 29th August from 10.00am to 4.00pm each day.

We hope you will come and visit some of our studios and see Artists and Artisans at work as well as giving you an opportunity to purchase art direct from the Artists and Artisans.

Our brochures are available from Hawkesbury Tourism at Clarendon, Sebel at Windsor, The Church Bar at Windsor or Sassafras Creek Cafe at Kurrajong. Details are also available on our website.

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### **Alpaca Expo - 25 Sep 2010 - 26 Sep 2010**

This 2 Day Alpaca Expo has something for everyone.

Here is a sample. Download the attachment for more information.

#### **GETTING STARTED WITH ALPACAS SEMINAR**

- ! Alpaca Industry Overview
- ! Getting Started with Alpacas - Easy Care & Environmentally Friendly Livestock
- ! How do I look after My Alpacas - Basic Care
- ! Basic Property Requirements/Setting up for Alpacas
- ! Choosing the right Alpaca for You
- ! About Alpaca Fleece
- ! Hands on demonstrations with alpacas

Check out the after Dinner speaker

Romano Favari 'Alpaca Grower - Quo Vadis?'

Download the booking form and Expo details

[> view details](#)  
[> view transcript](#)

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### **Hornsby Ku-ring-gai Relay For Life Event - 16 Oct 2010 - 17 Oct 2010**

The Relay for life is a 24 hour event in which we would like to invite you and your stall holders to be a part of.

As a community event we want to be showing the missions and concepts of the Cancer council through our event. This is one of the most important events for raising funds for cancer research.

What we are looking at putting together is a fresh food and produce area which we would

hopefully include some of your stalls from the Hawkesbury Harvest. This not only allows us to be showing the community our policies and concepts but also allows your stall holders a chance to show the Hornsby Ku-ring-gai area their beautiful produce.

If each stall holder was able to make a donation from their sales on the day it would be greatly appreciated but not necessary as having the Hawkesbury Harvest on board will hopefully generate more interest from the public alone.

We would give you an allocated area in which stalls can be set up, we are hoping for 1000 people to come through our event over the 24 hours. The event is held in ROFE Park Hornsby Heights

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### **Heritage Rose Festival Parramatta Park - 24 Oct 2010**

This is a free community event and it is anticipated that approximately 1500 people will attend over the day with much interest from experienced and novice gardening enthusiasts.

This event is to celebrate historic Parramatta Park, spring and the rose season with good wine, food, music (Jazz) and informative talks on roses and other branches of horticulture. It is also intended to include presentations on backyard chooks and suburban bee keeping.

Stall Holders Expressions of interest close COB Friday 6 AUGUST 2010

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### **Picton Music & Harvest Festival - 30 Oct 2010**

Picton Chamber of Commerce proudly presents the Picton Music & Harvest Festival on Saturday 30th October 2010, from 9am 'til late..

Heaps of stalls including some of the finest produce of the Wollondilly area will ensure a great day of "Retail Therapy" for you ,your families & friends.

Kids will enjoy the fun of the fair with rides, displays, jumping castles and more.

The main stage area in the Village Square will be host to heaps of musical talent, with music to suit all ages and tastes

There will also be a Busking Competition. Venue to be confirmed.

LINGER LONGER.

During the evening there will be music at a variety of our venues  
Come along to the beautiful town of Picton and enjoy the Picton Music and Harvest Festival.

More stallholders are required and the Chamber of Commerce would be pleased for any local community group involvement.

For more information or stallholder enquiries contact Melissa Park Events

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